

Lab Worksheet: The Movement of Energy

Read all instructions before beginning.

Experiment

Materials

- Slinky
- Ruler



1. Two students will hold the ends of the slinky – one at each end. Place the ruler next to the end of the slinky that will be moved.

2. Stretch the slinky out without pulling too far.

3. One student will slide the slinky toward the other end while the other student holds their end of the slinky still. Do this slowly, 3 times. Draw a picture of the wave you create in the box below.

4. Describe what you see moving across the slinky.